

BLEEDING CONTROL INSTRUCTIONS

This instruction card is intended to provide guidance in an emergency situation. It is NOT a substitute for proper instruction, training, and practice.

1 GLOVES & SHEARS

For Personal Protection & Access



Use shears to remove enough clothing to expose wound area.

2 CAT TOURNIQUET

For Severe Bleeding

Consult detailed instructions included with tourniquet. Use only on arms and legs. Apply at least 2-3 inches above wound, not on a joint. Wrap around limb and pull strap tightly. Turn rod until bleeding stops. Secure rod in clip. Wrap remaining strap inside clips and over rod. Secure with hook and loop. Record application time on time strap with enclosed marker.



3 CHEST SEAL

For Penetrating Wounds:
Neck to Navel, Front and Back



Clean around wound. Place directly over wound site. Press firmly. Check patient's back for an exit wound. Use 2nd seal over exit wound.

4 HEMOSTATIC DRESSING

To Promote Clotting

Use dressing on bleeding wound to promote the body's clotting process. Apply pressure until bleeding stops. Wrap to secure on the wound.



5 COMPRESSED GAUZE

For Wound Packing



To staunch bleeding, use enough to fill wound space completely. Hold pressure for 3-4 minutes. Cover with compression wrap (included Emergency Trauma Dressing).

6 EMERGENCY TRAUMA DRESSING

For Wound Packing

Use over compressed gauze if wound requires packing. Place pad over wound site. Wrap snugly to apply pressure to wound.

Secure the clip.



7 EMERGENCY BLANKET

For Hypothermia Prevention

Wrap patient when all life-threatening wounds have been treated.

CRITICAL: Keep patient warm to prevent shock. Consider distance to casualty collection point.

